

To register for AHA! Boot Camp, please:

1. Download and print the registration form, you will need [Acrobat Reader](#).
2. Please read the form, and sign and complete it.
3. Mail the form and payment of \$125 (checks made payable to A Holistic Approach) to:

Alicia Robinson-Morgan, 629 Lexington Place NE, Washington, DC 20002

4. Full payment is due no later than the first day of class for each month.
5. Pre-registration is required.



BOOT CAMP REGISTRATION

Name _____

Address _____

City _____

State _____ Zip _____

Email _____

Telephone/Day _____

Telephone/Evening _____

Time of Class _____

How Did You Hear About AHA! Boot Camp? _____

If You Have Specific Injuries Or Health Issues, Please Note Them Here -

WAIVER OF LIABILITY & INFORMED CONSENT RELEASE

The participant acknowledges that any program of fitness exercise involves a risk of injury. The participant represents that he/she has been recently examined by a medical doctor and has been found able to undertake a program of exercise. For and in consideration of the design of an exercise program for participant by A Holistic Approach (AHA!), participant agrees:

- 1) That any exercise program shall be undertaken by participant as his/her sole risk;
- 2) That A Holistic Approach (AHA!) shall not be liable to participant, nor any other person, for any claims or causes of action whatsoever arising out of or connected with the services of A Holistic Approach (AHA!);
- 3) That participant hereby releases and discharges A Holistic Approach (AHA!) from any such claims or actions.

A Holistic Approach (AHA!) will not be held responsible for classes that participants miss, and will not give refunds after the first day of class for each month. Full payment is due no later than the first day of class for each month. Full payment is required regardless of how many sessions the participant is able to attend per month. AHA! will not pro-rate sessions. Pre-registration is required.

PLEASE BE SURE TO PRINT,
SIGN AND DATE YOUR NAME.

Print Name

Signature

Date